

Inclusive Education for an Inclusive Europe

The power of artistic collaboration between performers with and without disabilities



plural
COMPANHIA DE DANÇA

65 ANOS
Fundação LIGA

LIGA Foundation



Lisbon, Portugal

Empowers people in vulnerable situations, namely those with disabilities, promoting skills, autonomy and quality of life, through the provision of resources in the areas of (re)habilitation, professional training and employment, accessibility and the arts, contributing to the development of a more plural and inclusive society.

600
Clients/daily

III
employees

Artistic Intervention at LIGA Foundation



HOUSE OF THE ARTS

Promotes cultural and artistic opportunities to stimulate and develop the creative potential of each person, at any age and in any circumstance of their physical, psychic, social or cultural functionality, in strengthening their self-esteem and social recognition.

The House of the Arts service encompasses the regular development of artistic ateliers, developed in the areas of Contemporary Dance, Ceramics and Visual Arts, for the learning of personal skills and techniques in the different artistic fields.

LIGARTE

PLURAL

Inclusive Dance Company

PLURAL

Inclusive Dance Company

Plural, over its 28-year journey, has been bringing Diversity to the encounter of Dance, constituting itself as a platform for awareness, training and artistic creation involving people with and without disabilities, young people from regular education, students from artistic higher education, professionals in the areas of dance, rehabilitation and social intervention and the general public.

Contributes to the social inclusion of People with Disabilities, through access to culture and participation in training and artistic activities in the field of contemporary and inclusive dance;

Promoting Human Diversity through Art, raising awareness of the positive appreciation of Difference and the defense of the Convention on the Rights of Persons with Disabilities, with society in general, the school context and the Dance community in Portugal.



PLURAL

Inclusive Dance Company

Promoting the participation of People with Disabilities as performers in professional choreographic creation projects and presentation of inclusive dance shows;

Train higher education artistic students and dance professionals to develop activities with people with disabilities;

Implement awareness and reflection activities around Human Diversity and Dance in the light of the Convention on the Rights of Persons with Disabilities, with the school public and the community in general;

Promote training resources for people with disabilities and rehabilitation, social intervention and education technicians, contributing to the acquisition of artistic and technical skills in the field of inclusive dance;

Raise awareness to society and cultural agents of the artistic abilities of people with disabilities;

Plural Journey



The Plural Dance Company project has been developing over these 28 years through three main lines of action – awareness, training and creation in Inclusive Dance.

Awareness and training projects in inclusive dance aimed at school audiences, artistic higher education students and professionals and organizations in the areas of dance, education, health and social intervention.

Presentation of dance live performances and other projects in Portugal, Spain, Italy, UK and USA.

Intervention Methodologies



Promoting an active network of partnerships, plays a particularly important role in achieving the objectives and activities:

- ▶ Higher Artistic Education Schools
- ▶ Professional Dance Companies
- ▶ Regular Education Schools
- ▶ Cultural Agents and Performing Arts Venues
- ▶ Choreographers and Dancers

PARTNERSHIP WORK

Impact of intervention on participants



Improvement of the quality of life of people with disabilities, through access to culture and active participation in training activities and artistic creation.

Development of technical and artistic skills in the field of contemporary and inclusive dance.

Reinforcement of self-esteem and motivation for the development of this type of activity, resulting from a collaborative artistic process.

Impact of the Intervention on Changing Society



Public recognition of people with disabilities as full-fledged citizens and artists.

Raising awareness and changing attitudes towards people with disabilities in the general community.

Final Thoughts



Foster a greater inter-peer connection within the context of the Dance community, facilitating the exchange of cross-methodologies between inclusive dance and contemporary dance.

Non-formal educational activities give access to flexible and structured learning, enhance practical and technical skills, reinforce self-esteem and help find ways to contribute to the community.

LIGA Foundation

Plural Companhia de Dança



Fundação LIGA

fundacaoliga@fundacaoliga.pt

www.fundacaoliga.pt

www.vimeo.com/pluralfundacaoliga

<https://www.facebook.com/FundacaoLIGA.paginaoficial/>

<https://instagram.com/ligafundacao>



plural
COMPANHIA DE DANÇA

